

# Celebrations

Trover Foundation News & Events

Volume 1 Issue 4

## Highway renamed after Dr. Loman Trover

*By Garth Gamblin, Messenger Staff Writer  
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Dr. Loman C. Trover was honored by his hometown and the state Friday morning (June 25) with the renaming of Kentucky 112.

“My grandfather sends his deepest regrets that he can’t be here today,” Bart Gordon said. “He is at home and isn’t feeling well. I thank you on behalf of him and all the family.”

Trover spearheaded the founding of what is now known as Trover Foundation, which includes Regional Medical Center.

State Rep. Eddie Ballard sponsored the resolution in the General Assembly changing the name of Kentucky 112 from the traffic light in Earlington to U.S. 62 near Dawson Springs to Dr. Loman C. Trover Highway.

"I had originally planned to rename it only to Loch Mary," he said. "Former Magistrate Dudley Gill convinced me to go all the way to 62 because Dr. Trover lived there as a boy."

Ballard served as master of ceremonies at the Kentucky Utilities building. The event was originally planned outdoors, but rain forced it inside.

Hopkins County Judge-Executive Patricia Hawkins was the first to praise Trover's accomplishments.

"What would Hopkins County be had it not been for Dr. Trover and his brother (Faull) and their pioneering spirit?" Hawkins asked. "Dr. Trover was a visionary and a pioneer."

She said Trover has a passion for medicine and Hopkins County and was able to bring the two together.

"The result is we have one of the finest affordable medical health care systems in the country," Hawkins said. "Dr. Trover is a wonderful shy man who doesn't like a lot of glory and accolades. But we all know he is most deserving."

Earlington Mayor Steve Everly said he had known Trover since he became mayor.

"Former Mayor Gene Lloyd Davis should be up here talking about him instead of me," he said. "I do know that Dr. Trover and Gene had a vision for Earlington in the 1960s. Some of it they were able to bring it about. Some they were not.

"Both have shared old war stories with me," Everly said. "When Gene told the story, Dr. Trover was bigger in his eyes than when Dr. Trover told the same story."

Everly said from the moment he met Trover, he sensed a man with a great love for Earlington, but he didn't realize how much until the city needed a favor.

"A few years ago the city bought a lily mower to mow the lilies in the lake," he said.

"We didn't have a place to store it. I knew Dr. Trover had a barn and I wrote him a letter."

In a few days Trover replied in a letter.

"I figured, he'd say, yeah, go ahead and do it," Everly said. "Instead, he told me he would be honored for the city to use his building. That told me how much Dr. Trover loved Earlington."

Everly said that although Trover always loved Earlington, Earlington didn't always love him.

"Thirty or 40 years ago, Gene and Dr. Trover did many things that were good for the city," he said. "They tried to do other things but were met with resistance. Looking back, they were right on the money.

"Dr. Trover is truly an Earlington icon."

Although Everly didn't elaborate on the resistance in the 1960s, Trover and Davis secured a \$16 million Urban Renewal grant — the first in Western Kentucky.

Because implementing the grant required temporary relocation of some residents, there was a public outcry and the city declined the grant.

Dr. Dan Martin, county medical health director, said he has known a lot of people who were visionaries.

"I have only known a very few who delivered on their visions," he said. "Dr. Loman Trover delivered."

Martin said Trover and his brother had to make a decision early in their career.

"They could remain in family practice for the rest of their career or they could form a group practice," he said. "Thank goodness they chose to form a group practice."

Martin said no one was more surprised than Trover.

"He once told me if someone told him the clinic would have 16 physicians in five years he would have said they were out of their mind," Martin said.

Martin said the Trover's vision has continued to grow with new services and programs.

Kentucky Highway District Engineer Ted Merryman said the highway department honors individuals who have made significant contributions to their community.

"Dr. Trover has made significant contributions to Earlington, Hopkins and several other counties in our district," he said.

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## JOINING THE TROVER FOUNDATION TEAM

### Haitham Al-Okk, MD

Dr. Haitham Al-Okk joined Trover Foundation on July 12 following completion of his hematology-oncology fellowship at Seton Hall University in Paterson, N.J. He completed his internal medicine residency at Seton Hall in 2001 and received his medical degree from the Medical Academy Institute in Varna Bulgaria in 1991. He is certified by the American Board of Internal Medicine and is board eligible in hematology-oncology.



Dr. Haitham Al-Okk

Dr. Al-Okk will be joining the professional staff at the Mahr Center as well as the University Of Louisville Brown Cancer Center Director, Dr. Donald Miller.

### Dr. Carey Dodds

Dr. Carey Dodds has joined the staff of Regional Medical Center.

Dr. Dodds completed her medical degree and residency training in pediatrics at the University of Louisville. She is certified by the American Board of Pediatrics. She is married to Dr. Jim Dodds, orthopedic surgery, who will be joining RMC's medical staff in July 2004. Dr. Carey Dodds is a native of Madisonville. Her office will be located on the second floor of the Multi-Care Specialists Building.

# Card Winners and Employees of the month

## Platinum Card Winners

Platinum cards provide an opportunity for patients to express appreciation for excellent care. Platinum Card Winners receive \$500.

**Cindy Hight**, CNA, TCU was the Platinum Card Winner for May.

**Naomi Lynn Glaysbrook**, RN, ICU was the Platinum Card Winner for June.



Cindy Hight (May)



Naomi Lynn Glaysbrook (June)

## Gold Card Winners

Gold Cards are awarded to employees as a way of saying thanks for outstanding performance. Gold Card Winners receive \$500.

**Billie Babbs**, Radiology, was the Gold Card Winner for May.

**Brenda Bruce**, Surgery Assistant, OB/GYN, was the Gold Card Winner for June.



Billie Babbs (May)



Brenda Bruce (June)

## Employees of the Month

Employees of the Month receive a free parking space for the month, an 8x10 personal photo, a plaque and \$500.

**Faye Mier**, Transcription Services was the Employee of the Month for May. "Faye is the go-to person in transcription," a co-worker said of Faye. "Filling in where needed, she helps the transcription department function smoothly."



Faye Mier (May)



Lori Noel (June)

**Lori Noel**, Occupational Med Tech, Princeton, was the Employee of the Month for June. "Lori is a very energetic employee that is always willing to help her co-workers and pitches in without having to be asked," said a co-worker of Lori. "She is definitely a team player, and we are proud to have her as our co-worker."



## Smoking Cessation Class begins in September

Do you want a healthier lifestyle? Sign up for the next Cooper Clayton Smoking Cessation Class.

Class will take place at the Cardiovascular Surgery Center located in the Center for Heart & Vascular Services at 800 Hospital Drive. Class meets every Monday night between Sept. 27 and Dec. 20 from 6 to 7 p.m. Register for the Cooper Clayton Smoking Cessation Class by calling 821-4298.

The class is free, but participants are responsible for the nicotine replacement products. CHA insurance covers some of the cost for these products.



# Relay for Life 2004 a success

## RMC teams recognized for participation

Two RMC teams participated in the annual Hopkins County Relay for Life held June 18-19. The teams from the Mahr Cancer Center and Surgery both qualified for membership in the Relay Fund-Raising Club.

The Mahr Cancer Center team made it into the Platinum Club, for recognition of raising \$10,000 or more. The Surgery team earned its way into the Gold Club for raising over \$7,500.

Each team is recognized in the Division Team Fund-Raising Club book to be distributed at all state Relay Rallies. They are also recognized in the division Purple Power newsletter. Each team member received a commemorative pin to recognize their fund-raising efforts.



## Dr. Rao cuts it close to assist in effort

When the Relay for Life team from surgery set a fund-raising goal of \$7000. Dr. Mohan Rao bet that he would shave his head if the surgery team met its goal. The surgery team exceeded its goal with \$7653 raised for this year's Relay for Life.

So, on Friday, July 2, Dr. Rao's hair came off. For a \$1 donation to Relay for Life, employees witnessed his haircut in the RMC Auditorium. Surgery raised \$95 for next year's Relay for Life.



## Jones Celebrates Retirement



On Friday June 18, Jadon Jones, Medical Staff Services, celebrated her retirement in the RMC private dining room. Friends, family, and fellow employees bid farewell and best wishes to Jadon.

## First Steps Nursing Class Graduates



On May 19, the 2004 First Steps Nursing Class held a luncheon in honor of their graduation and completion of the First Steps program. This was the fifth class of students to complete the First Steps program through West AHEC. Front row, left to right are: Kayla Clark, Katie Baldwin, and Kasey French. Back row, left to right are: Jared Wood, Bryttne Nelms, and Katie Ray.

## Easy as 1, 2, 3 program pays off big for RN Joseph House

Joseph House, RN, Emergency Department, is the first recipient of the Easy as 1, 2, 3 nursing recruitment bonus. On May 25, House was awarded a \$1,000 bonus for completion of one year of service to Trover Foundation.

The program, which was established last year, helps to recruit and retain qualified Registered Nurses at the Foundation. Employees who recruit a new RN to our organization are eligible to receive an incentive bonus. The recruited RN is eligible for a bonus as well. Both the employee recruiter and the nurse who is recruited will receive an incentive bonus of \$1,000 upon completion of one year of continuous service by the recruited nurse. This bonus increases over the next two years. An additional amount of \$2,000 will be paid to both the recruiter and recruited nurse upon completion of two years of continuous service. At the completion of three years, both nurses will receive \$3,000.

For more information on the Easy as 1, 2, 3 recruitment program, please contact Lorie Oglesby, Professional Nurse Recruiter at ext. 5912.



## First year recruitment bonus program a great success for Trover



Pictured at left are recipients of the first year recruitment bonus announced on July 8. Left to right are: Stacey Beaven, VP of Nursing; Sherri Wilson, RN, Clinical Leader 4th floor, bonus recipient; Lea Ann Sugg, Director 4th floor; Peggy Hardy, RN, OR, bonus recipient; David Lang, VP of Human Resources; Lee Stevens, RN, ICU, bonus recipient; Bonnie Brasher, Director ICU; Vickie Drake, RN, Emergency Services, bonus recipient; Paul Ferrell, Director Emergency Services; Lorie Oglesby, RN/Professional Recruiter.

Recipients not present were: Sandra Scisney Williams, RN, 3 West; Greshin Steele, RN, Emergency Services; Heather Patterson, RN, ICU; Jennifer Haulk, RN, ICU; Rita Carter, RN, 4th floor; Melissa Maddox, RN, 3 West.

Pictured at left from left to right are: Paul Ferrell, RN, Director of Emergency Department; Joseph House, RN, bonus recipient; Stacey Beaven, RN, VP of Nursing; and Lorie Oglesby, RN, Professional Nurse Recruiter

## Leaf placed in memory of Richard C. Spence

On Sunday afternoon, June 20, family and friends of Richard C. Spence gathered in the RMC lobby to place a leaf on the Tree of Life in his memory. The Rev. Weyman McGuire, pastor of First United Methodist Church, talked about Spence and his love for people and helping others. His wife, Dr. Shirley Spence, placed the leaf on the tree.

In addition to his wife, Spence is survived by his mother, Mattie Smith Spence Corder; one daughter, Marisa Spence; four sons, John Richard Spence, Paul Anthony Spence, Sean C. Spence, and Bob Harvey; one brother, James R. Spence; and three grandchildren.



# Excellent participation at Employee Blood Drive

Trover employees exceeded the 200 unit goal for the employee blood drive held during June. The RMC Blood Bank received 225 employee donors. All employees who donated during this time were entered into a drawing for a day off with pay. The 40 winners were announced on Friday, June 2.

"We need to really express our appreciation for a phenomenal effort by the Foundation staff," said Bob Schaefer, lab director. "It was incredible...it was obvious from the spirit of the donors that they

were doing it for more than the incentives."

According to Schaefer, The RMC Blood Bank hadn't received such a volume of donors in a short amount of time since 9/11.

Employees are encouraged to become regular donors. Eligible donors can donate blood every two months. To give blood, donors must be at least 17 years old, healthy, and weight at least 110 pounds. Call RMC's Blood Bank for more information, 825-5150.

# New massage therapist offers special employee discounts

The Center for Women's Health would like to welcome massage therapist Connie Argier.

**Services provided are:**

- Prenatal Massage
- Reflexology
- Sports Massage
- Hot Stone Massage
- Swedish Massage
- Deep Tissue Massage
- Aromatherapy Massage

Employee discounts are available for 15, 30, 60, or 90-minute massages. Special introductory prices are available until August 14. If you refer three people, you get a half an hour massage free, and if you refer six people, you get an hour massage free. When you receive five full price massages, your sixth massage is free. Gift certificates are also available.

Massage Prices			
	Regular Price	Intro Price*	Employee Price
15 minute	\$20	\$10	\$15
30 minute	\$35	\$20	\$25
60 minute	\$60	\$40	\$45
90 minute	\$90	\$75	\$75
Hot Stone/30 minute	\$40	\$30	
Hot Stone/60 minute	\$75	\$60	

\*Intro prices good until August 14.  
\*Aromatherapy Massage will be an additional \$5.00

Argier's hours are Mondays, Wednesdays, and Fridays from 8 a.m. to 3 p.m. Tuesdays, she is on call from 1 p.m. to 8 p.m.

To make an appointment please call the Center for Women's Health at 326-3900.

# Anesthesia Class of 2006 To Begin Rotations



The Trover Foundation/Murray State University Program of Anesthesia class of 2006 will begin clinical rotations at RMC in August. This is the only anesthesia program in the state of Kentucky. Pictured left to right, back row are: Walt Martin, Kim Whitney, Joe Clemans, Shana Geary, and Ron Wilson. In the middle row are: Kelly Binkley, Jenny Green, Julie Goins, and Jessica Tabor. Pictured in the front row are: Karen Wentworth, Cynthia Slaton, and Candice Hickey

# Volunteers Attend Orientation



Pictured above are the group of teens who are volunteering their time at RMC this summer. Front row left to right are: Tiffany Branon, Reecha Shah, Kelsie Coffey, and Kendall Blue. Middle row left to right are: Britta Daugherty, Chelsey Howe, Brooke Collard, and Brooke Ford. Back row left to right are: Will Taylor, Sahiba Shandel, Hannah Durham, Samantha Hendrix, and Brittany Deese.



Janis Winstead (left) and Wilma Brown (right) joined the volunteer program and attended orientation with the teen volunteers in June.

## Letters of Thanks

Friends at Trover Foundation,

Thank you so much for the kindness you've shown our family during this time. The flowers you sent were a beautiful tribute to Ann. She had made many friends at the hospital during her time working there. We appreciate the kind words and thoughtfulness expressed in so many ways by those who knew her.

Wayne Eastridge & family

To the entire staff of Trover Foundation, their families and friends,

There are no amount of words I could ever say to thank you all for the love, cards, prayers, phone calls, and many acts of kindness you showed to our family during the loss of my son, D.J. Everyone has shown love for us in their own way, so I'm saying thank you all very much. I loved and appreciated every act of kindness you have shown.

Through God, all things are possible. He gave D.J. to me for 24 years to love through good and bad times, but with prayers and His help, the good outweigh the bad. God only lends His children to us because tomorrow is not promised to any of us.

I am saying this special thank you to all, so if you know someone who sent a funeral spray, spoke a kind word, or just thought of us on that day, please tell them I said "Thank you." God loves them and so do we.

Stella Johnson & family

## Lozano Receives CPC Certification

Janet Lozano has been awarded the Certified Professional Coder (CPC) credential after successfully passing the national certification examination. This certification is sponsored by the American Academy of Professional coders, a nationally renowned organization offering professional accreditation, education, recognition, and networking opportunities to medical coders.

## NICU/PICU to be temporarily relocated for renovation

The Neonatal Intensive Care Unit (NICU) and the Pediatric Intensive Care Unit (PICU) located on the 7th floor, has been temporarily relocated so that the area can be renovated. Currently, the unit has nine beds, and it will be expanded to 12 beds with the capability of adding four beds in the future. NICU and PICU will continue to offer the same services to area hospitals.

Both units are now located on the Pediatric Unit of the 7th floor in Room 711 through Room 716. The phone numbers have not changed. Renovation should be completed by Oct. 8.

## Dialysis receives patient education award

The Trover Foundation Renal Dialysis Center received the Robert Felter Memorial Award in recognition of exemplary patient education at The Renal Network Inc. annual meeting in Chicago on June 10.

The Robert Felter Memorial Award was established by the ESRD Network System in May of 2002 and was dedicated to the memory of Mr. Robert Felter, a longtime Network volunteer and a tireless advocate for the renal patient.

This award is presented in two parts. The Patient Award is given to a patient who is actively involved on a Network committee and is dedicated to the betterment of renal patients. The second award, which was presented to Trover Foundation Renal Dialysis Outpatient Center, is awarded to a dialysis facility or a transplant center which has developed a creative proposal to enhance the quality of life for their patients.

The Dialysis Center was presented with this award for the implementation of a patient education activity entitled "Coffee Days". Two days each month, the center uses the opportunity to teach patients about topics pertaining to prevention of and living with end stage renal disease, health maintenance, and current area events. Staff couples a theme with a topic for education. The theme is then supported through a newsletter, bulletin boards, and hands-on dietary teaching.

The monthly activities are then culminated with an annual event/celebration, the Annual Summer Picnic-On-The-Grounds. This event is a forum where the patient's compliance achievements can be honored and celebrated with their families, peers, and caregivers. The picnic consists of a renal diet with an awards ceremony, games, music and fellowship.

"This program could not take place or be as successful as it is if not for the diligent efforts and care of all the dialysis center staff." says Leah Atcher, RN and Educational Coordinator for the center. "We were all thrilled and very proud to have been presented with this award."